

March 2024



Available Daily- Recess & Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
26 Breakfast Sandwich with Fresh Fruit	27 Beef Tacos with Salad Bar	28 Hamburgers with Wedges side Veggies	29 Chicken Wrap with Salad Bar	1 Cheese Pizza with side Veggies
4 Pancakes with Ham and Fresh Fruit	5 Beef Tacos with Salad Bar	6 Chicken Burger with Wedges and side Veggies	7 Chicken Wrap with Salad Bar	8 NO SCHOOL
11 M B	12 A R	13 R E	14 C A	15 H K
18 Breakfast Sandwich with Fresh Fruit	19 Beef Tacos with Salad Bar	20 Hamburgers with Wedges side Veggies	21 Chicken Wrap with Salad Bar	22 Cheese Pizza with side Veggies
25 Pancakes with Ham and Fresh Fruit	26 Beef Tacos with Salad Bar	27 Chicken Burger with Wedges and side Veggies	28 Parent Teacher Meetings & PD Day NO SCHOOL	29 Good Friday NO SCHOOL

2% Milk-250 ml	\$0.45
Water-500ml	\$1.00
Chips (Baked)	\$1.00
Cookies/Muffins	\$0.50
Ginger Cookie	\$1.00
Yogurt Parfait	\$1.00

Options may be limited or change daily

AVAILABLE TO ORDER DAILY

Monday-Friday

Grilled Cheese	\$5.00
Egg Salad Sandwich	\$5.00
Tuna Salad Sandwich	\$5.00
Pancake Meal	\$5.00
Cold Plate Meal	\$5.00
Garden Salad	\$5.00
Caesar Salad	\$5.00

Includes fresh fruit/veggie, drink

Details and Snack Shack

Snack Shack is a service offered at recess for students who wish to purchase a snack from the cafeteria. The snacks vary and all follow our nutritional guidelines.

Lunches are \$5.25/day, including a drink (water, or white milk),

Please make cheques payable to ****Cobequid Schools Catering Society**** No post-dated cheques.

It is preferred that lunches are pre-ordered weekly or monthly.

If ordering daily, students must place their order at the cafeteria before 8:30am.

We are
Peanut/Nut
Sensitive!